

Bioflavia SO

Nutrition Information

Constituent Per 100 Grams

Calories	390 cal 1632.2 kj
Fat	5 g
Saturated +Trans	1 g 0 g
Polyunsaturated	4 g
Omega-6	3.5 g
Omega-3	0.3 g
Monounsaturated	2 g
Cholesterol	0 mg
Sodium	2 mg
Carbohydrate	60 g
Fibre	30 g
Sugars	1 g
Protein	14 g
Vitamin A	0
Vitamin C	280 mg
Calcium	300 mg
Iron	12 mg
Potassium	2500 mg

Values are measured and represent averages for this product.

Date: January 10, 2013